

2026-2027

Block of the Month-September



For September, we are continuing with Foundation Paper Piecing (FPP). This month's block is inspired by Shiori ningy or "bookmark dolls". Here is a link to a lesson plan: [Japanese Paper Doll.pdf](#) if you would like to make a paper bookmark doll and learn more about Shiori Ningy.

I'm still figuring out Electric Quilt 8 (EQ8), I thank you all in advance for your grace in creating these blocks this year. The block is approximately 8" X 11" (unfinished).



Need a refresher on FPP or are you starting from scratch? I put together a reference library it includes both illustrations and videos on how to FPP.

How to Foundation Paper Piecing (FPP) Library:

- Angela Walters Craftsy video (less than 5-minute video):

<https://youtu.be/t7Kx4Q7JSwQ?si=Cv-erUtf4weTL80l>

- The Gathered written information and video (less than 20-minute video):

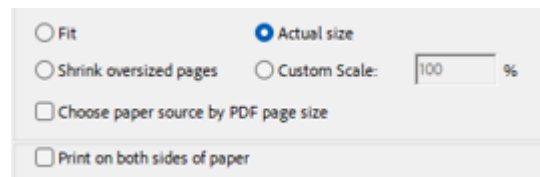
<https://www.gathered.how/sewing-and-quilting/quilting/how-to-foundation-paper-piece-patchwork>

- Tips for Tiny Paper piecing (7-minute video)

<https://youtu.be/zva-xpmFYFc?si=3eNmwnNnVXnxYb3TA>

BOM Instructions

Printing: Print the Pattern PDF “**Actual size.**” Print dialog box example.



PDF should be displayed at 100%. Hover your mouse on the 1:1. It should say, “Display page at 100% magnification”.



Tip: Print 2 copies of pattern. Use one copy to cut out pattern pieces (lettered and numbered) to use as fabric templates. Don’t forget to include a ¼” seam allowance.

Fabric and Supplies:

These are yardage estimates. They are very generous. I used scraps and fat quarters for my block.

Background: 1 Fat quarter

Hair: 1/8 of a yard

Face/hands: 1/8 of a yard

Kimono: Fat eighth to Fat quarter if working with directional fabric or fussy cutting

Kimono collar, belt(obi), and shoes(zouri): 1/8 of a yard

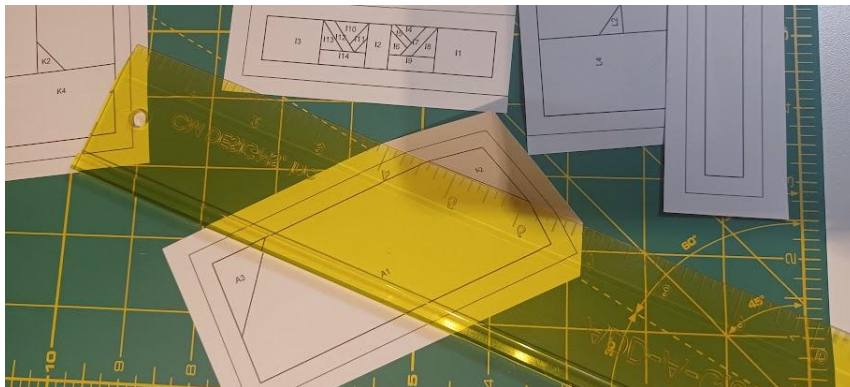
Shoes: Scrap of brown

Supplies:

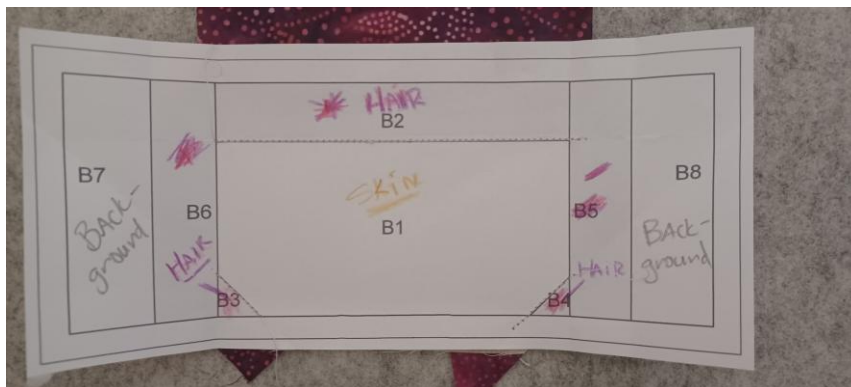
- Add a Quarter ruler is convenient but not necessary.
- Elmers Glue stick to glue baste smaller pieces. I like to use a glue stick instead of pinning my fabrics.
- General paper piecing and general sewing supplies.

Cutting:

Cut out printed paper piecing units. After cutting the units fold on each line. Use the folds as guides for fabric placements.

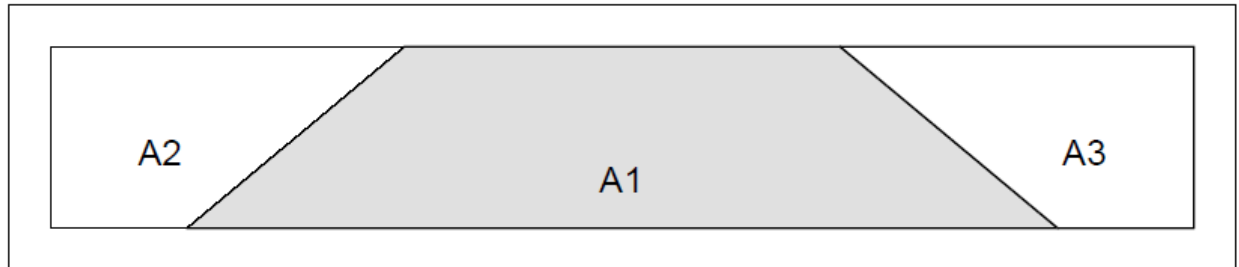


Marking: Please take a minute to note fabric, colors, and locations. I like to use color pencils and make notes where fabric and colors continue to in the pattern. For example, I mark all locations where I will be piecing hair, background, shoes and so on.

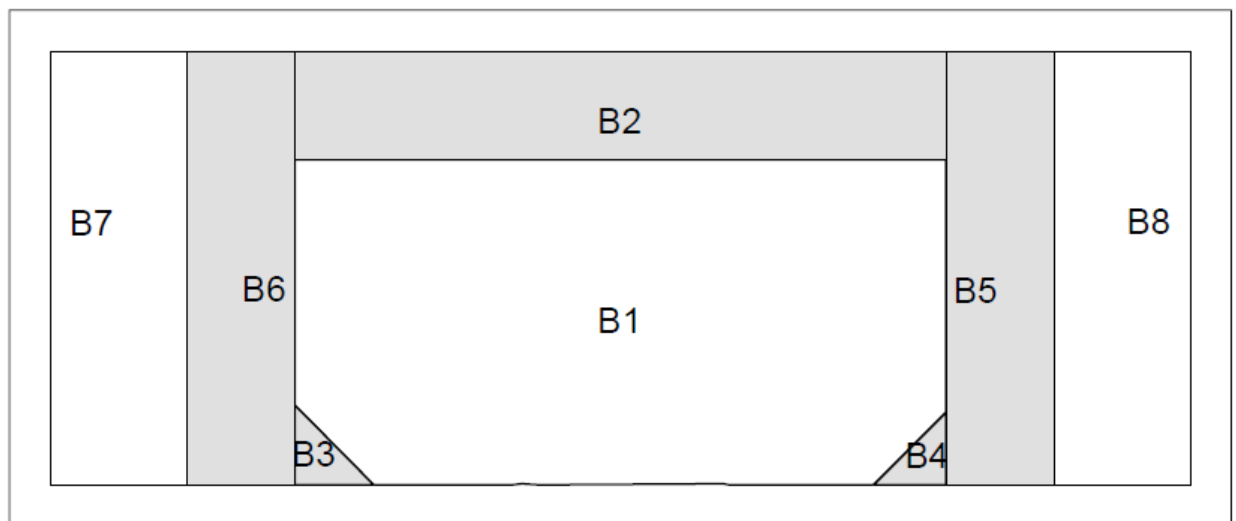


Stitching:

Section 1: A1, A2, and A3. Stitch in numerical order as printed on the FPP pattern.



Section 2: B1, B2, B3, B4, B5, B6 B7, and B8. Stitch in numerical order as printed on the FPP pattern. Stitch Section 1 to Section 2.

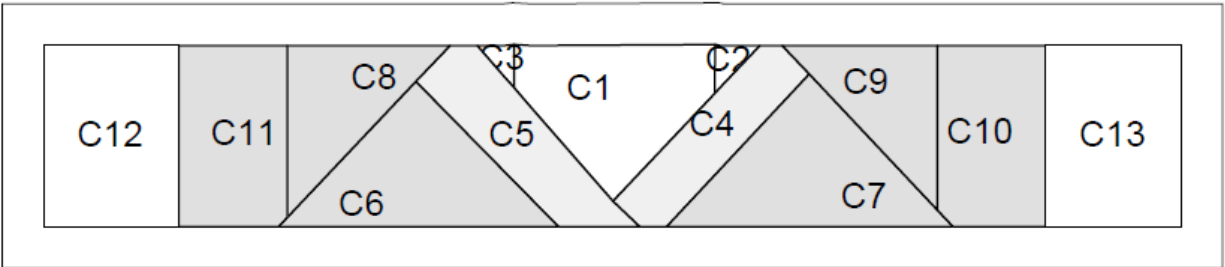


Section 3: C1, C2, C3, C4, C5, C6, C7, C8, C9, C10, C11, C12, C13. Stitch in numerical order as printed on the FPP pattern.

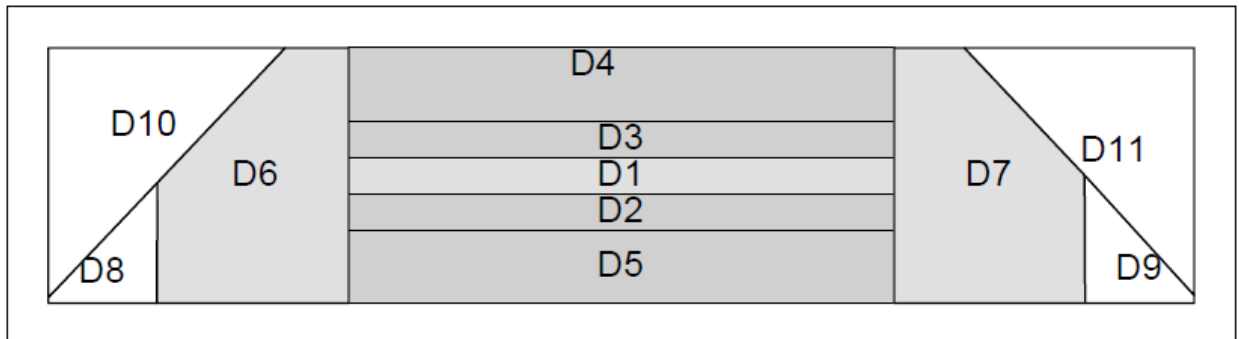


Don't want to piece the tiny C2 and C3 triangles skip it.

Stitch Section 3 to previously sewn together Sections 1(hair) & 2(head).

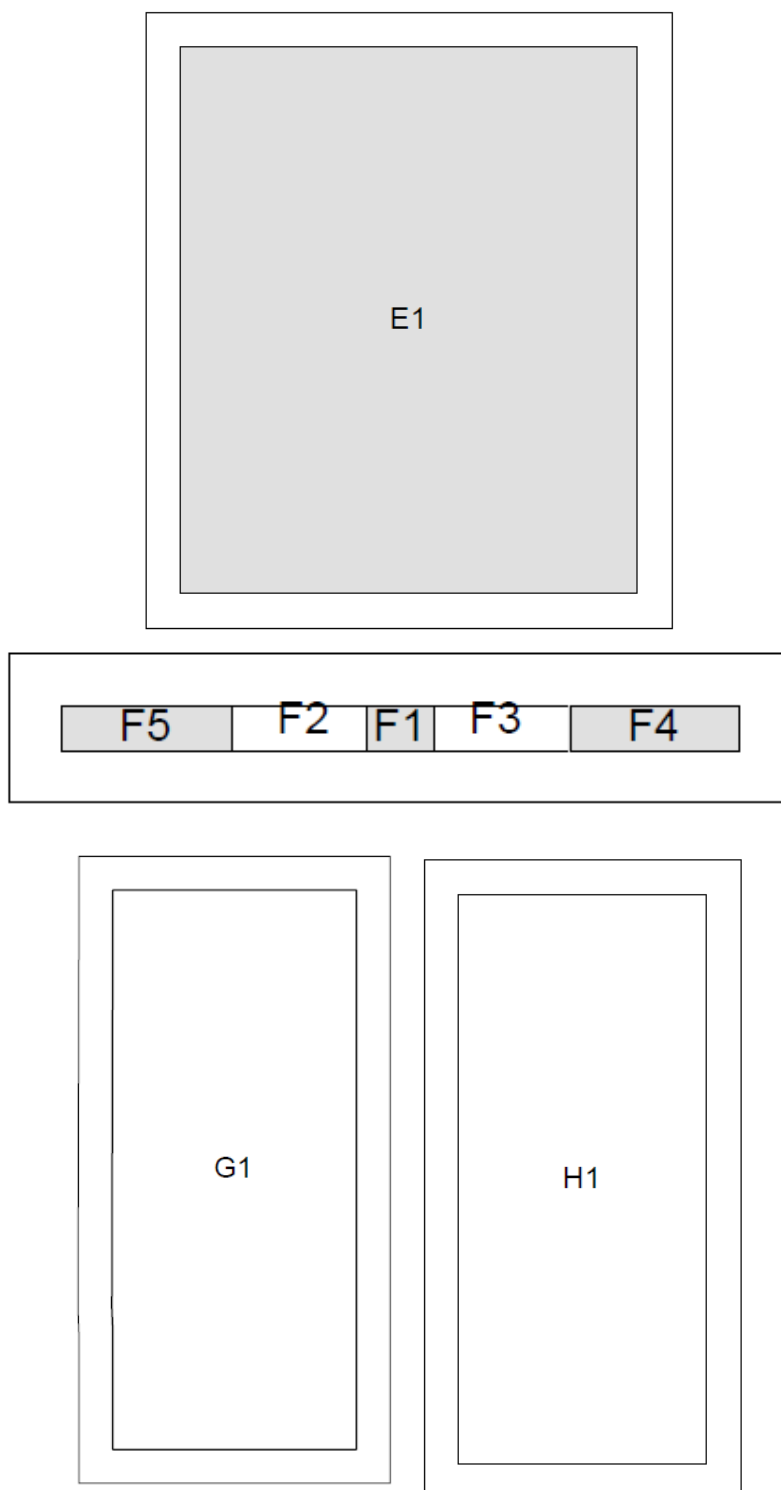


Section 4: Stitch D1, D2, D3, D4, D5, D6, D7, D8, D9, D10, D11 in numerical order as printed on the FPP pattern.



Stitch Section 3 to previously sewn together Sections 1(hair) & 2(head), Section 4 (Shoulder).

Section 5: Stitch F1, F2, F3, and F4. Sew F section to E1



Stitch G1 and H1 to Section 5.

Next, Stitch I and J.

We can add outer borders later once we have a final quilt layout.

Optional Embellishments:

For the eyes, flower, butterfly, or bows. This is where you can be creative. You can use raw edge applique, needle turned applique, use felt or wool or embroidery stitches. You use pre-made embellishments too!



Add eyes. I used fusible web, black fabric and a 1/2-inch Creative Grids, “The Hole Thing” circle template to trace my pieces.

Yay! You have completed your September block of the month.

I hope you enjoyed making the Shiori ningyō, “bookmark dolls”!



September BOM Entry Ticket:



Please be sure to photograph your block and email it to Joey Straight and she will post it on the CQA website JoeyStrait50@gmail.com or you can bring your block to me at our next meeting, and I will photograph it and email it to Joey for you.



Visit me at the BOM information table at our regular guild meetings and I will track completed BOM's.



Any questions? Please, feel free to contact me via email at jlsolorio2003@gmail.com or call and leave a message at (805)512-3566 (I don't answer unfamiliar phone numbers).

I do prefer text messages. You can just let me know who you are and you have question about BOM. I'll call you. No need to text your question.