

April for MAY 2026 BOM/MOM

CALIFORNIA POPPIES



I know that Spring is coming when the California poppies and other Super Bloom flowers begin to appear everywhere. These also include lupines and mustard. Add them to your block if you like.

Contact me with any questions.
Tedi Patterson (805) 212-0648

Lessons:

- Improv - no pattern or templates!
- Collage
- Texture - Raw edge applique, with fraying after washing and drying
- Raw Edge Binding, optional

Fabrics:

- Background top in light blue or off-white
- Batting 14" x 14"
- Backing 14" x 14"
- Stems, pods, & buds - scraps: greens, petal colors
- Flower petals - scraps: oranges, yellows, creams,. Also, purples if you want to add lupines.
- Binding if using.
- Hanging Sleeve

Supplies

Usual quilting supplies

- The sewing machine was cleaned and oiled. with a straight and an open toe foot
- Heat erasable marking pen, such as a Frixion
- Sharp scissors
- Washable glue stick
- Orange or yellow or purple thread for flowers
- Green thread for stems and buds
- Neutral bobbin thread
- Shout Color Catcher or similar.

DIRECTIONS

DRAW THE FRAME

On your background fabric, with your heat erasable marking pen (shown in orange), draw a border, 1 inch from the edge of all four sides to form a frame.



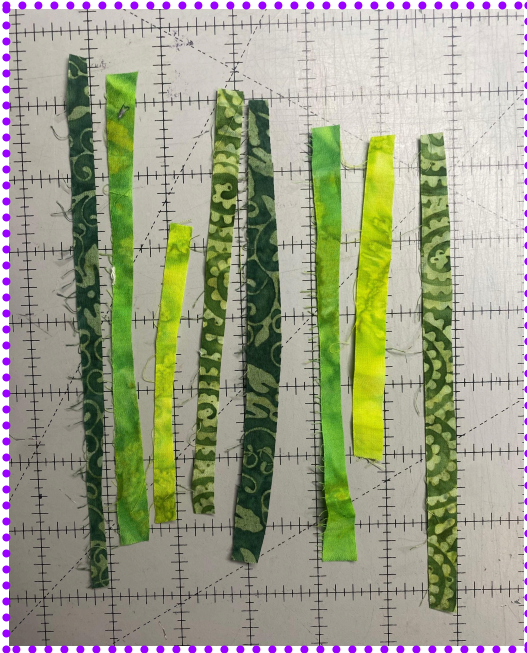
QUILT THE BLOCK

1. Make a quilt sandwich by layering the backing, batting, and top squares.
2. Quilt the layers anyway you like within the frame. I sewed simple wavy vertical lines
3. Machine stitch on the drawn frame line.

IMPROV COLLAGE

NOTES:

- For all my machine applique' stitching, I do not break the thread. With the presser foot in the up position, I pull the block to the next spot, put the foot back down and continue sewing.
- I trim the connecting threads on the front and back of the block after each thread color change or when necessary.



Stems & Buds/Pods

1. Using your rotary cutter, and the Green scraps, cut stems of varying widths, $\frac{1}{4}$ " and narrower and in varying lengths, 6" and less. They can be straight or curvy. Start with about 7 stems.



2. Arrange them across the bottom of your block, having them go off the bottom edge guideline or you can trim them at the guideline.

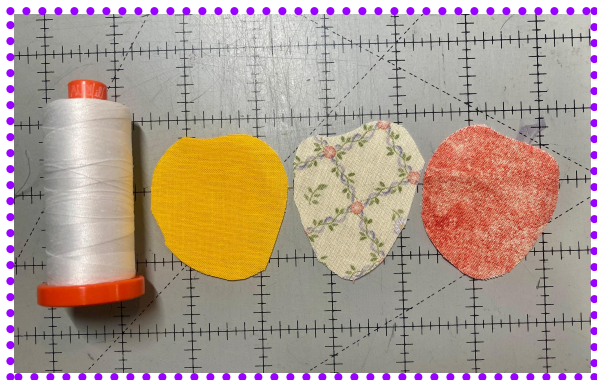
3. Lightly glue in place with a glue stick. Press.

4. With green thread, top stitch very close to the edge of each stem. Sew past the bottom guide line and stitch across to the next stem then go upwards then back down to the bottom. It's okay to overlap your stitches.

Buds & Pods

1. Using your sharp scissors and green scraps, freeform cut olive sized shapes.
2. Lightly glue in place with a dab of glue stick.
3. With green thread, top stitch close to the edge of each stem.

Flowers & Petals



1. Using your sharp scissors, free hand cut out flower fabrics into chubby rounded heart shapes about 1.5" x 2"

Tip - use a light, medium, & dark fabric in each flower.



2. On the right side of your background square, you will be layering 2 or 3 of the petal shapes, largest to smallest) one on top of the next, stitching before adding the next layer.
Dab a little glue stick just in the center of the petal.



Sewing - Raw Edge Applique

Using a thread color that coordinates with your flower, start in the center of the largest shape, sew $\frac{1}{4}$ " from the raw edge.
I used the same thread color (orange) for all my flowers.



Add the next **medium** flower petal with a little dab of glue stick in the center of the petal, then sew $\frac{1}{4}$ " from the raw edge.

If using, add the **smallest** size flower petal, then sew $\frac{1}{4}$ " from the raw edge.

NOTE: At the bottom of the flower, I like to stitch a little into the stem, but that's not necessary.



WASH & DRY



Before washing.



After Washing.

1. After all your pieces are stitched down to your block, Machine Wash with the **HOT** water setting **and with a color catcher.**
This is a good excuse to do some laundry!
2. Machine Dry on **HIGH.**



3. There will be quite a bit of loose threads. Carefully trim them off.

4. Ruffle up the edges of the flowers by scratching the surface with your fingers. This will help further fray and curl them.

BINDING 3 OPTIONS



1. Option 1 - Raw edge

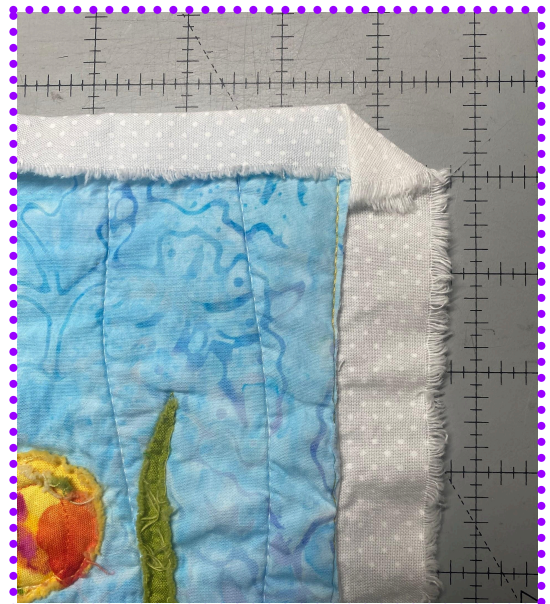
a. With the back facing up, fold back the backing fabric edge towards the center.

b. Carefully trim away the batting close to the fold, without cutting the

backing.

c. Fold the backing over towards the front side.

When you get to a corner, fold the corners at a diagonal, then continue folding the next edge over to the front.



d. Sew about ½" away from the edge.



Option 2 - Traditional binding

Trim your block to about 13" square. Bind as usual.

Option 3 - Frayed edge Binding

You can leave off the binding and have frayed edges around your block.

Add a Hanging sleeve.

Congratulations, you completed another mini quilt!

Email a JPEG photo of your BOM/MOM to Joey Strait, and she will post it on the CQA website. joeystrait50@gmail.com

Or bring it to me at the next meeting.

I can take a picture for you.

You will receive an entry ticket for each BOM/MOM you complete.

At the July 2026 general meeting, you may win one of three gift certificates from a Local Quilt Shop